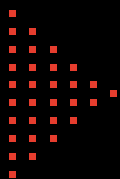


NINJAZONE[®]



CODE OF POINTS



LEVEL 1 - WHITE

GYMNASTICS/TT	PARKOUR	TRICKING	WARRIOR
10	10	10	10
Forward Roll (incline)	Precision Jumps	Tricking Stance	Front Support
Table	Spider-Man Landing (Slap Out)	Darkside Stance	Swings
Straight Jump (tramp)	Ninja Roll	Spin Steps	Gargoyle Hang
Tuck Jump (tramp)	Safety Vault	Round Kick	Plank Hold
Lunge	Lazy Vault	Hook Kick	Donkey Kick or 1/2 handstand
Elevated Balance Beam Walk	Turn Vault		Sit-Up
	Clears		Spider-Man Handstand

LEVEL 2 - WHITE +

GYMNASTICS/TT	PARKOUR	TRICKING	WARRIOR
15	15	15	15
Forward Roll (floor)	Monkey Up	Front Sweep	Arch Hold
Backward Roll (incline)	Strides	Back Sweep	Hollow Hold
Hurdle	Wall Pop	Scoot	Bar Monkey Walks
Seat Drop (tramp)	Tac (Horizontal)	Cart	Regrip Swings
Bear Walk on Beam	Cat Grab (ricochet)	Switch Front Kicks	Gargoyle Flip
Springboard Punch	Window Escape	Compass Kick	Chin Hold (3 sec.)
Straight Jump (floor)	Seat Vault	360° Jump	Push-Up
Tuck Jump (floor)			Bar Roll
Puppy Drop (tramp)			Sloth Hang
			Warped Wall (6 ft)

LEVEL 3 - YELLOW

GYMNASTICS/TT	PARKOUR	TRICKING	WARRIOR
20	20	20	20
Backward Roll (floor)	Ninja Roll (reach & roll)	Switch 180° Round Kick	Kick to Handstand (against wall)
Lunge Cartwheel	Window Escape 180°	Switch 180° Hook Kick	Horizontal Pull-Up (Assisted)
Elevated Forward Roll	Reverse Safety Vault	Tsunami Kick	Assisted or 1/2 Pullover
Elevated Bridge	Speed Vault	Webster Roll	Cast
Dive Roll	Kash Vault	One-Handed Cart	Seated Leg Raises
Pike Jump (tramp)	Ghost Step		Lache
Back Drop (tramp)	Elevated Side Roll		

LEVEL 4 - YELLOW +

GYMNASTICS/TT	PARKOUR	TRICKING	WARRIOR
25	25	25	25
Cartwheel Step-In	Tac-Ninja Roll	Pocket Knife	Lunge Handstand
Back Handspring (barrel)	Thief Vault	Pop 180° Round Kick	Pullover
Hurdle Cartwheel	Wall Spin (ricochet)	Butterfly Kick	Gargoyle to Reverse Gargoyle
Elevated Backward Roll	Twist Vault	Macaco	Cast 180°
Elevated Punch Forward Roll (no hands)	180° Precision Jump	540° Jump	Undershoot/Glide Swing
Stomach Drop	180° Strides		Warped Wall (8 ft)
	Flying Ninja Roll		

LEVEL 5 - GREEN

GYMNASTICS/TT	PARKOUR	TRICKING	WARRIOR
30	30	30	30
Elevated Round-Off	Reverse Window Escape	Transformer	Standing Toe Shoot
Arabian Dive Roll	Palm Spin	Pop 360° Hook Kick	Cast 360°
Handstand Forward Roll	Kong Vault	Tornado Kick	3 Pull-Ups
Back Tuck (tramp)	Dash Vault	Kip Up	Rope Climb
Front Tuck (tramp)	Reverse Vault		
Pike Jump	Elevated Flying Ninja Roll		
Front Handspring (barrel)			
Front Watermelon Flip			
Back Watermelon Flip			

LEVEL 6 - GREEN +

GYMNASTICS/TT	PARKOUR	TRICKING	WARRIOR
35	35	35	35
Round-Off	Wall Spin (wedge mat)	Karate Aerial	Re-Grip swing 180°
Back Extension Roll (push)	Window Escape 360°	Fei-Long Tornado Kick	Warped Wall (10 ft)
Back Handspring (incline or tramp)	360° Precision Jump	Elevated Webster Flip	
Elevated Front Handspring	Dive Kong		
Elevated Standing Tuck			
Front Flip, Stick, Half Turn			
Back Flip, Stick, Half Turn			
180 Jump, Rebound, Front Flip			

LEVEL 7 - BLUE

GYMNASTICS/TT	PARKOUR	TRICKING	WARRIOR
40	40	40	40
Front Tuck Rebound (tramp)	Side Flip	720° Jump	Backward Roll to Handstand
Back Tuck, Rebound (tramp)	Wall Flip	D-Leg (spotting block)	Flyaway
Standing Front Tuck (tramp)	Kong Safety	Webster Flip	Cast - Toe Shoot
Elevated Aerial (step hurdle)	Double Kong		Cast 360° Regrab
Front Half (tramp)			Back Hip Circle
Back Half (tramp)			
Arabian (tramp)			
Ball Out			
Roundoff Back Tuck (tramp)			

LEVEL 8 - BLUE +

GYMNASTICS/TT	PARKOUR	TRICKING	WARRIOR
45	45	45	45
Back Flip, Rebound, Back Flip	Wall Spin	Touchdown Raiz	Controlled Handstand Walk
Front Flip, Rebound, Front Flip	Wall Arabian	Raiz	5 Pull-Ups
Front Handspring (floor)	Kong Front	Slant Gainer	
Back Handspring (floor)	Reverse Palm Spin	Swing Gainer	
Roundoff Back Handspring (tramp)	Inward 360* Roll	Backside 900° Kick	
Standing Back Tuck		Cheat 720° Hook Kick	
Punch Front Tuck		Elevated A-Twist	
		Elevated B-Twist	

LEVEL 9 - PURPLE

GYMNASTICS/TT	PARKOUR	TRICKING	WARRIOR
50	50	50	50
Roundoff Back Handspring (floor)	Dash 360° Vault	A-Twist	Reverse Flyaway
Front Full (tramp)	Mega Kash Vault	B-Twist	Back Lever
Back Full (tramp)	Rainbow Dash	Cheat 540° Kick	
Arabian Half (tramp)	360° Dive Roll	Flash Kick	
Roundoff, Back Handspring, Back Tuck (tramp)			
Punch Front Half (floor)			
Flyspring (tramp)			
Washing Machine			

LEVEL 10 - PURPLE +

GYMNASTICS/TT	PARKOUR	TRICKING	WARRIOR
55	55	55	55
Connected Back Tuck (tramp)	360° Kong Vault	Jack Knife	Controlled Handstand Push-Up
Connected Front Tuck (tramp)	Reverse Wall Spin	Cart Full	Muscle-Up
Standing Aerial (floor)	Gaet Flip		Cast Away
Spin Cycle (tramp)	Speed 360° Vault		
Cody (tramp)	Tunnel Flip		
Roundoff, Back Handspring, Back Tuck (floor)	Trap Door		

RIG OBSTACLES

**LEVEL 1 - WHITE
10 POINTS**

- Single Ring Dismount

**LEVEL 2 - WHITE +
15 POINTS**

- Bar Traverse
- Monkey Single
- Skipping Stones

**LEVEL 3 - YELLOW
20 POINTS**

- 3 Ring Connect
- Big Cheese Traverse
- Jump Hang
- Flying Squirrel
- Rope Hang

**LEVEL 4 -YELLOW +
25 POINTS**

- Fidget Spinner
- Ring Toss
- Unstable Bridge

**LEVEL 5 - GREEN
30 POINTS**

- 3 Ft. Lache
- Wingnut

**LEVEL 6 - GREEN +
35 POINTS**

- Cannonball Alley
- Flywheel

**LEVEL 7 - BLUE
40 POINTS**

- 5 ft. Lache
- Lobster Claw Traverse
- Salmon Ladder (6 in.)

**LEVEL 8 - BLUE +
45 POINTS**

- Double Wingnut
- Double Flywheel

**LEVEL 9 - PURPLE
50 POINTS**

- 7 ft. Lache

**LEVEL 10 - PURPLE +
55 POINTS**

- Salmon Ladder (12 in.)