

NINJA CREED

How to be an Awesome Coach, Leader, and Mentor.

Each week, at the beginning of class, read a line from the Ninja Creed. Start a discussion with your ninjas and explain what they mean. Get the discussion started and try to help guide them toward the correct responses. Wording can be adjusted to the level/age of the students.

AS A NINJA, I PLEDGE TO...

“RESPECT MYSELF, OTHERS, RULES, AND TIME.”

Ninjas are RESPECTFUL!

- Discussion: What are the rules in this situation?

“DO WHAT I KNOW HOW TO DO WHEN IT’S TIME TO DO IT.”

Ninjas are RESPONSIBLE!

- Discussion: Do I know how to do this? Is now the time to do it?

“LOOK FOR THE GOOD THINGS IN EVERY SITUATION.”

Ninjas are GRATEFUL!

- Discussion: What was great today? What is going to be great today?

“USE ALL MY POWERS TO SEE AND FEEL MYSELF AND MY ENVIRONMENT.”

Ninjas have SPIDEY SENSES!

- Discussion: Are my eyes up? What do I notice? What do I feel?
Do I think before I act?

“ACCEPT NEW CHALLENGES WHEN I’M READY, EVEN IF THEY ARE HARD.”

Ninjas love hard stuff. Hard stuff make me AMAZING!

- Discussion: Did I let it scare me a little?

“BE KIND TO MYSELF, OTHERS, AND MY ENVIRONMENT.”

Ninja are KIND!

- Discussion: Am I being kind to myself?
• Am I treating others how I want to be treated? Am I being kind to my space?

“REMEMBER THAT THERE IS NOTHING THAT I CAN’T DO IF I KEEP TRYING.”

Ninjas try NEW THINGS!

- Discussion: What would it look like if I could?

“TELL THE TRUTH EVEN WHEN I FEEL SCARED TO.”

Ninjas tell the TRUTH!

- Discussion: Is this true?

“LOOK TO LEARN FROM MY MISTAKES.”

Ninjas make MISTAKES!

- Discussion: What can I learn here?

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