

# NINJA MANTRA

## WHAT'S THIS ALL ABOUT?

### HII-YAH, NINJA PARENTS!

We hope your child is enjoying their time in our gym for NinjaZone class. We wanted to take a moment to send your child home with a copy of the NinjaZone mantra that is practiced at the end of every NinjaZone class! We pride ourselves on these characteristics within the program, and we'd love for you to

practice with your child at home! Make it fun! Here at the gym, we always YELL the Mantra, but we understand the concept of boundaries too, so don't feel like you have to do the same at home! We'd love for your Ninja to come to class next week with the Mantra fresh in their mind, and ready to participate!

COACH SAYS	NINJAS REPLY	ALL TOGETHER
<b>FOCUSED!</b>	<b>ENERGY!</b>	<b>*CLAP*</b>
<b>WORK!</b>	<b>ETHIC!</b>	<b>*CLAP*</b>
<b>SELF!</b>	<b>RESPONSIBILITY!</b>	<b>*CLAP CLAP*</b>
<b>NINJAS DISMISSED!</b>	<p><b>Do you still need a uniform for class?</b>            Look no further than <a href="http://www.theninjazone.store">www.theninjazone.store</a></p>	